

CURRICULUM VITAE

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Education:

2004- 2007: ND, National College of Natural Medicine, Portland, Oregon.

Thesis: Naturopathic Approaches to Alcoholism and Addiction

2003: Western States Chiropractic College

1985-1993: Doctoral candidate (part-time) at Roswell Park Cancer Institute,
Department of Molecular Immunology.

**Thesis: Anti-idiotypic T-suppressor Cells in Response to Bacterial
Dextrans.**

1978-1980: M.S. Department of Natural Science, Roswell Park Cancer Institute,

**Thesis: The Development of an ELISA for Anti-lymphocyte Antibodies
in Plasmapheresis Donors and Recipients.**

1974-1978: B.S. Department of Medicinal Chemistry, School of Pharmacy, SUNY
at Buffalo.

Employment:

Present:

- Self-employed in private medical practice, Hazel Dell Natural Health Clinic
- Medical/Science editor and writer.
- Herbal and supplement formulations
- Legal consultant, herbal-drug interactions

1998-2003: AP Chemistry, Regents and Honors Chemistry, Physics teacher.
Buffalo Academy of the Sacred Heart, Buffalo, NY.

2001-2003: Chairman, Science Department.

Buffalo Academy of the Sacred Heart, Buffalo, NY.

- Responsible for department functions including the purchase and disbursement of materials, supplies, chemicals and equipment.
- Involved in outcomes-based curriculum development as well as laboratory exercise development using standards developed in conjunction with the NYS Department of Education.
- Member of curriculum development committees responsible for the creation of outcomes-based standards and Regents test development, with a particular emphasis in laboratory science.

- Faculty representative for the Strategic Planning Committee; involved in the development of general curriculum standards and outcomes-based assessment.

1997-1998: Regents, Honors Physics, Biology teacher. St Francis of Athol Springs, NY

1996-1997: Regents Physics, Regents, Honors Chemistry teacher at Cardinal O'Hara HS, Tonawanda, NY.

1980-1983: Chief Lab technician, Neuroimmunology lab, Department of Neurology, SUNY at Stony Brook, Stony Brook, NY.

Research interest: Viral and Autoimmune responses in Multiple Sclerosis as measured by ELISA and electrophoresis in CSF.

- Responsible for the development of ELISA assays for the measurement of CSF antibodies to various endogenous and exogenous antigens and correlating antibody levels with clinical presentations.
- Responsible for the buying and stocking of lab supplies, equipment and management of grant monies.
- Oversaw 2-3 laboratory technicians, responsible for timely and efficient laboratory functioning.

1975-1980: Roswell Park Cancer Center: Rotation through various clinical labs including hematology, special hematology, chemistry, biochemistry, plasmapheresis and blood bank.

1973-1974: Chemistry and Biology volunteer tutor through the SUNY at Buffalo School of Medicine and Pharmacy.

Publications and Other Professional Activity: (Complete listing available on request)

- Grant reviewer, National Center for Complementary and Alternative Medicine (NCCAM), Basic Sciences Section.
- Editorial Staff, **Foundations of Naturopathic Medicine Project**, A Textbook of Naturopathic Medicine.
 - o Appointed Associate Editor for Scientific Review, 2009
 - o Appointed Science Content Editor, 2011
- Fellow, **Foundations of Naturopathic Medicine**. Responsibilities included writing, editing and the establishment of a research database in Natural Medicine for the editors involved in the textbook project.
- Certification in Restorative Medicine, 2011. (AARM)
- Author of "The Science of Energy Medicine" for the **Foundations of Naturopathic Medicine Project**
- Lead Author of "Mind Body Medicine" (Modalities section) for the **Foundations of Naturopathic Medicine Project**

- Co-Author of “Emunctorology” for the **Foundations of Natural Medicine Project**
- Co-author of “**A Hierarchy of Healing: The Therapeutic Order: A Unifying Theory of Naturopathic Medicine**”, Chapter 3, **Textbook of Natural Medicine**, Pizzorno, J., Murray, M. (eds), Elsevier, NY, 4th ed., (in press)
- Author of “**The Scientific Basis of the Naturopathic Determinants of Health**” for the **Foundations of Natural Medicine Project**
- **Heart Healthy Supplements**, Karamanoukian, H., DeGrandpre, Z. Lulu Press, ©2011
- **Harness the Power of Resveratrol**, Karamanoukian, H., Karamanoukian, R., DeGrandpre, Z. Lulu Press, ©2011
- **Homeopathic Materia Medica**, LuLuPress, ©2010, ISBN #978-0-557-50186-1
- **Botanical Therapeutics: Actions, Interactions and Indications**, LuLuPress, ©2010, ISBN #978-0-557-27107-8
- **Actions, Interactions and Indications for Selected Pharmacologic Agents**, LuLuPress, ©2010, ISBN# 978-0-557-26151-2
- **Naturopathic Approaches to Alcoholism**, Lambert Academic Publishers, ISBN #978-3838332734 ©2009
- **Advanced Chemistry, A Teacher’s Manual**: ISBN# 1-931680-35-3©2003
- **Advanced Biology, A Teacher’s Manual**: ISBN#1-59657-102-0©2004
- Lecturer on Natural Medicine, drug/herb interactions, Energy medicine and Mind Body Medicine
- Project Manager, Editor for special edition of NAAHP journal, *The Advisor*.
- Expert legal consultant, Thomson Reuters’ Westlaw Round Table Group: herbal properties and interactions with pharmacologic agents.
- Expert consultant, Gerson Lehrman Group
- Contributor to steadyhealth.com, writing articles on naturopathic approaches to various conditions
- Contributor of articles on gluten sensitivity, nutrition, diet, natural treatments of chronic disease

Sample of Completed Projects:

- University of Kansas Integrative Medicine Program: Curriculum Review and Update
- Compilation and critical commentary on the most cited clinical papers of the last decade in various medical subspecialties, for a private medical education firm.
- Research and white paper: Dilated cardiomyopathy following scorpion stings
- NSF- SBIR grant: The mechanism of action of Gingerol as an anti-emesis agent, in review, \$5.3million
- Formulation of herbal and supplement products for oral, topical and vaginal use.
- White paper, Analysis of drug and herbal interactions
- eBook: Mind Body Medicine for Cancer Patients
- HCIC grant preparation, in review, \$3.2million
- eBook: Fibromyalgia
- eBook: Lyme Disease
- eBook: Nattokinase
- Parent Handbook on pediatric care and nutrition
- Edited and ghostwriting traditional book on Gluten sensitivity

Computer Skills:

- Proficient in MSWord, PowerPoint and Excel
- Conversion of text to eBook
- Research: medical, scientific, herbal and supplement databases

Other Professional Training:

2000- Present: Reiki Master practitioner, 8th Generation Usui Lineage, Master Teacher.

2006: Certification in Healing Light Touch

2007: Certification in Pan Gu ShenGong Healing Qigong

Other:

I hold a 2nd degree black belt in Isshinryu karate and have taught Women's Self-defense in a number of venues in coordination with members of the Buffalo, NY SWAT team. I have also taught a number of children's classes in street defense against kidnapping and assault.

Professional Memberships:

American Medical Writers Association
Union of Concerned Scientists

References available upon request